

SOCIAL EVENTS

ONE HUNDRED GUESTS AT FAMILY REUNION.

One of the large gatherings yesterday was the family reunion held at the Watch Tower in honor of Mrs. John Beck of Platte, South Dakota. There were one hundred guests served to dinner at noon. The members of the party were all relatives of Mrs. Beck. The honor guest whose maiden name was Miss Lillie Allen, was born and reared in Sherrard and until about ten years ago has always made her home there. The Beck family moved to Platte where they are engaged in farming and Mrs. Beck is visiting with her many relatives about Rock Island. Those who were present from here yesterday were the M. J. Broderick, C. H. Tonn, E. J. Allen, R. J. Allen, B. M. Jones families. Those from Sherrard were the following: Mrs. Ellen Allen, the Harry Allen, Frank Baird, Tom Fitzpatrick and John Normville families. The guests from Buffalo Prairie were the M. J. Kelly, Odis Kimbel and Wilson Kimbel families. The relatives from East Moline were Miss Elizabeth McDermott and Stephen Dornady. Mrs. J. Kelleher was present from Chicago. The gathering was a very happy one and the family spent the evening about the park.

KEITH DOOLEY MARRIED IN CALIFORNIA.

Announcement is made of the marriage of Miss Mary Foster Allen, daughter of Mr. and Mrs. Stanley Preston Allen of Long Beach, Cal., and H. Keith Dooley, son of Mr. and Mrs. C. H. Dooley of this city. The engagement was announced some time ago and the ceremony took place at Long Beach on

Monday, Aug. 21. A reception was held following the wedding when the couple left for a short wedding trip. Mr. and Mrs. Dooley left California today and will be in Rock Island about Thursday when they will make their home at 4434 Seventh avenue. Mr. Dooley is very prominent in the tri-cities, having attended the local high school and several eastern colleges, and is well liked in the younger social set here. He has been spending the past several months on the Pacific coast and has been a member of the coast guard. It is said that the marriage in California is the happy result of a romance begun several years ago. Many friends will welcome the bride and groom to their home in this city.

ENGAGEMENT IS ANNOUNCED.

The engagement and approaching marriage of Miss Emily Casey, daughter of Mrs. Cora L. Casey, 321 Fourteenth street, to Harold W. Barnett of Chicago has been announced. The wedding will be an event of early October and will be simple in arrangement. After attending the graded school, the bride-to-be attended the local high school and since that time has been employed in the office of the Rock Island Plow company. Mr. Barnett has visited in this city several times and is known here. Best wishes will be given to the young people by a large acquaintance in the twin cities. The new home will be in Chicago where Mr. Barnett is claim adjuster for the Chicago & Great Western railway.

CLARK-ANDERSON WEDDING.

The marriage of Miss Maud P. Anderson, daughter of Mr. and Mrs. W. O. Anderson, 803 Fifteenth street and Albert H. Clark of this city was solemnized late Saturday afternoon at the Immanuel German Lutheran church, Rev. J. Groenewald, who is taking the pastorate in the absence of Rev. Wilhelm, officiated at the service. Mr. and Mrs. Clark will reside in Rock Island.

WEDDING OF MISS LANDEE AND DR. STEVENSON ON SEPT. 6.

The marriage of Miss Marian Landee, daughter of Senator and Mrs. F. A. Landee of Moline and Dr. John McGowan Stevenson of Garfield, N. J. is announced to be celebrated on Wednesday, Sept. 6. The wedding will be solemnized at 8 o'clock at the Grace Lutheran church, Dr. Gustav A. Andreen assisted by the pastor, Rev. L. O. North. The bride will wear a white gown. After a trip overland the couple will reside in Garfield, N. J., where Dr. Stevenson has the pastorate of the First Presbyterian church. Mr. Stevenson has taken the place of Mr. Wilson of the Broadway church during his absence and has made many friends during the time here.

SCHRECK-WILLIAMS.

The marriage of Miss Elizabeth Williams, daughter of C. Williams of 105 Warren street, Davenport, and Albert Schreck, son of Mr. and Mrs. Peter Schreck of Liberty street, Davenport, was celebrated last night.

tenport, was a quiet ceremony at the court house Saturday afternoon at 2 o'clock. Justice Ernest Clausen officiated.

The attending bridesmaid and best man were Miss Hazel Jager and Hugo Schmidt. The bride was in white, her gown being of silk net over white silk. She wore a wedding veil caught with flowers and carried white and pink asters. The bridesmaid was in a black tulle suit with white blouse of Georgette crepe and pink sailor hat of felt in an early fall shape. She carried pink and white asters.

A wedding supper at the home of the groom's parents entertained the members of the immediate families and a few intimate friends at 6 o'clock. The bride and groom left later on a wedding trip. They will reside with the groom's parents, on their return, until they go into their own home. Mr. Schreck is a carpenter by trade.

SWANSON-ERHARDT MARRIAGE.

The marriage of Miss Elsie Erhardt of this city and Edwin Swanson of East Moline was a ceremony of a late hour Saturday afternoon in Clinton. A wedding dinner was served yesterday at the home of the groom's parents, Mr. and Mrs. Charles Swanson of East Moline. The new home of Mr. and Mrs. Swanson will be on Ninth avenue and Fourteenth street, this city. Well wishes will be given to the couple from many friends.

SOCIAL ANNOUNCEMENTS.

The Twin-City Lutheran league will be entertained Wednesday afternoon by Mrs. Will Djorkan, 4526 Eighth avenue.

BUILDER SOUTHERN INTERURBAN PASSES

San Francisco, Cal., Aug. 28.—Anthony Walsh, who, with his sons, built the Rock Island Southern railroad, a system between Rock Island and Monmouth, Ill., died here yesterday while members of his family were rushing west to be with him in his illness.

Walsh was 83 years old and began his business career in Chicago in 1851, accumulating a fortune said to total several million dollars.

He leaves six sons, all prominent in railroad and public utility corporations, two daughters, 22 grandchildren and two great grandchildren. Interment will be at Clinton, Iowa.

Anthony Walsh, who died in San Francisco, was the father of six sons, all lawyers and prominent in financial and business affairs in the mid-west. They are: E. C. and M. A. Walsh of Clinton, Iowa; C. H. Walsh of Burlington, Iowa; J. W. A. E. and E. J. Walsh of Davenport.

The elder Walsh was born in Ireland in 1834 and went to England at the age of 13 years. He came to America in 1851 and to Iowa a few years later. He was married in Davenport, April 26, 1857. His wife died two years ago.

GRAIN PILED HIGH ON STEAMER'S DECK

Duluth, Minn., Aug. 28.—With her decks covered by a mountain of loose grain, hiding half the deck house, the big steamer Livingston, Captain H. Oertling, came into port early today. Local marine men looked on in amazement at the unprecedented sight.

The Livingston, under charter to a Minneapolis grain firm, loaded at Fort William Friday. When the cargo holds were filled there still was a quantity of grain to be moved and the vessel was not carrying capacity tonight. It was taking a chance on the weather, 300 tons more grain were poured on the deck.

There was hardly a puff of wind to stir the chaff on the way up. "One good hard puff of wind would have cleaned the decks," said Captain Oertling as the steamer went under the spouts today.

FIGHT ON PLAGUE BRINGS RESULTS

New York, Aug. 28.—Encouraging results in the fight against infantile paralysis were indicated by the department of health's report for the 24 hours ending at 10 a. m. today. Only 43 new cases were discovered or only a little more than half the number during the previous 24 hours. The greatest decrease was in Brooklyn.

KILLS OWN CHILD IN SAVING OTHERS

Chicago, Aug. 28.—In trying to avoid running down two farmer boys, William Wilder yesterday turned his automobile into a ditch, killing his own child and seriously injuring his wife. Mrs. Wilder was carrying the baby in her arms when the accident occurred.

TOO WEAK TO FIGHT

The "come-back" man was really never "down-and-out." His weakened condition because of over-work, lack of exercise, improper eating and living demands stimulation to satisfy the cry for a health-giving appetite and the refreshing sleep essential to strength. GOLD MEDAL Haarlum Oil Capsules, the national remedy of Holland, will do the work. They are wonderful! Three of these capsules each day will put a man on his feet before he knows it; whether his trouble comes from uric acid poisoning, the kidneys, gravel or stone in the bladder, stomach derangement or other ailments that befall the over-zealous American. Don't wait until you are entirely down-and-out, but take them today. Your druggist will gladly refund your money if they do not help you. 25c, 50c and \$1.00 per box. Accept no substitutes. Look for the name GOLD MEDAL on every box. They are the pure, original, imported Haarlum Oil Capsules.—(Adv.)

CHURCHES

First Baptist—The Rock Island Baptist association meetings held in Silvis, beginning Tuesday and lasting throughout Thursday.

No prayer service Wednesday evening.

Woman's Home Missionary society meets Friday afternoon at 2:30 with Mrs. R. G. Summers, 1416 Sixth avenue. Mrs. W. J. Kahke will be the leader.

The Worth While girls meet Saturday afternoon at 3 o'clock with Miss Lola Cardall, 3810 Seventh avenue.

South Park Presbyterian—The Hill W. C. T. U. gives coffee tomorrow afternoon at the home of Mrs. W. O. Litten, 1514 Twenty-ninth-and-a-half street. The meeting will also be the annual election of officers and the payment of dues. The papers which have been solicited will be collected Wednesday morning.

Juniors give monthly musicale Wednesday afternoon at 3 o'clock in the church.

Prayer meeting Wednesday evening.

First Methodist—Wednesday evening prayer service.

The Ladies' Aid society meets Friday afternoon at the Battles camp, near the Watch Tower, with Mrs. L. H. Martin as hostess.

Sacrifice of the Lord's supper celebrated next Sunday morning.

Immanuel German Lutheran—Finance committee meets this evening at the parsonage.

School board meets Wednesday evening at the church.

Church board meets Friday evening in the church parlor.

United Presbyterian—Juniors meet Wednesday afternoon at 2:30.

Prayer service Wednesday evening.

Junior reception Saturday afternoon at 3 o'clock. A program and refreshments will be the entertainment. The children extend their mothers a cordial invitation.

Cleland Presbyterian—Juniors meet Tuesday afternoon at 2 o'clock in the church.

Prayer meeting Wednesday evening.

Board of trustees meets Friday evening.

German Evangelical—The ladies hold their annual picnic today at the Watch Tower.

The Ladies' Sewing society meets Thursday afternoon at the church.

The Brotherhood announces a concert to be given Sept. 6 in the church.

Spencer Memorial Methodist—The quarterly conference meeting will be held Tuesday evening at 7:30 in the church.

The first division of the Ladies' Aid society will give a social on the parsonage lawn Thursday evening.

The prayer service will be held Friday evening at the home of Godfrey Larson, Thirty-fifth street.

Memorial Christian—Prayer service Wednesday evening.

The Ladies' Aid gives a coffee Thursday afternoon at Long View park.

Second Christian—A pie and coffee social will be given Wednesday evening in the church. There will be a program by the Stevens orchestra.

Broadway Presbyterian—Wednesday evening prayer services, with Miss Laura Bell Stephens as leader.

The monthly Sunday school supper will be held Friday evening at 6:30 in the church.

TEACHERS REGISTER FOR INSTITUTE

At noon today 308 of the 538 teachers of Rock Island county who this week will attend the institute which opened at the high school today had registered. Appended is the list:

Le Roy Harris, H. P. Corbin, Anna M. Johnston, Edward M. Starr, Margaret Meyers, Helen Morrison, A. G. Hill, Florence Morrison, Edna Almloff, Alice Westberg, Carrie Page, Verna M. Cooper, Alphyd Axelson, Annie Ferguson, Nettie Dodge, Gladys M. Ford, Virginia Stickland, Grace Putnam, Nellie H. Close, Winifred Huntton, Clara M. Grandin, Marie Hanson, Mae Acker, Esther Johnson, Julia M. Anderson, Jennie L. Martin, Elsie Astrom, Josephine M. Holland, Mary B. Wilson, Anne W. Gillespie, Lillian C. Larinan, Winifred V. Pass, Alice Rugh, Isedora Ostrom, Cora Nelson, Charlotte Kene, Grace V. Johnson, Wilhelmine Pahl, Vera McBurney, Helen Pahl, Marion Blanding, Florence Grady, Florence Kelly, Alice Ritzer, R. Henriksen, Jessie Whiteside, F. M. Freeberg, Ruth M. Kinsey, John W. Casto, Marie Whitney, Lillie M. Roth, Irma L. Close, Agnes R. Farrar, Martha Huesing, Maude Graham, Julia Mallette, M. H. Ard, Letta F. Briner, Ruth Tait, Lois Smutz, Ella Dingeldien, Ida C. Weed, Nellie F. Kellersch, Jennie Cronholm, F. Julia Melchior, Ruth E. Johnston, Mary Tague, Katherine Julian, Anna T. Bromley, Marian A. Koch, Mary L. Carter, Grace Starks, Edna M. Stuebinger, Grace Nelson, Leonora Witherspoon, Erna Lundgren, Hazel M. Healy, B. Titterton, Marian Moore, Florence McCarthy, Clara Sellmer, Clara Dulsdieke, Ruth Woebber, Grace Weatherhead, Dorothy Stevens, Mary Lannen, Mabel Sundeen, Martha Cressy, Florence Barchman, C. R. Ferguson, Stanton, D. B. Hoffman, Mary Ann Brennan, Mable Frederick, Clara P. Blakemore, Lucy D. Evans, Jean L. Welch, Gertrude Kilpatrick, Anna Rettig, Myrtle Summers, Dora Hartz, Jenny Swanquist, Myrtle Nelson, Ruby M. Sundeen, Mable Alsterlund, Mildred Pierce, Charlotte Fickenschier, Edith Moody, Gertrude Moody, Adah L. Martin, Margaret Gamble, Emma Bates, Mary Hues, Lillian Trevelyan, Ida Lyell, Louise Anna Sober, Nita Bower, Ruth M. Hunt, Marie Carlson, Myrtle T. Nelson, Ina McCurdy, Dorothy Peterson, Leslie Musgrove, Kathryn Willig, Florence Doanhey, Nellie Vick, Mabel Nelson, Frances Orr, Hazel McKee, Mabelle Crompton, Nellie Armstrong, Hazel M. Robb, Bernice M. Resser, Amelia Trevelyan, Estelle Long, Maude M. Medill, Mary Quayle, Etta Wakefield, Maude Robertson, Bessie Bladel, Minnie Vinton, Amelia DeSanto, Grace Dale, Georgia First, Abigail Dean, Carl Anderson, Marguerite Thompson, Rilla White, M. E. Ellis, Fanny Inglis, Edna Ellis, Edith Anderson, Mabel Fuhrman, S. Wilier, Mary Stoenberg, Julia Eckhart, Anna Canty, Adda Muse, Grace Gorman, Irma Justine Rahn, Ella Goldman, Mary Schaefer, Lillian Schaefer, June Nelson, Bertha McConnell, Rilla Fraser, Mary Reeves, Mary B. Edelman, Bessie Williams, Anna Latham, Frances Chambers, Susie Perry, Gertrude Wandrope, Myra Wood, Edna Dalleg, W. P. Gebhardt, Novella Roberts, Genevieve Witter, Henrietta M. Mohr, Gwenola Connell, Louise Forsberg, Hazel McConnell, Alice Bachman, Irene Sundeen, Nell Groh, Genevieve Ashdown, Hazel Hays, Pullmer Bonthell, Olive N. Hays, Bertha Schilling, Myrtle Englund, Signe E. Johnston, Martha Dunn, Nina Murray, Nellie E. Hadden, Frances Crane, Ida K. Rosch, Lucette Grove, Mrs. T. W. McFarlane, Jessie D. Hunt, Anna McQuade, Lelah V. Underwood, Ida Carlson, Elma Smith, Mabel E. Toney, Emma E. Siegfeld, Lucy Clarke, Mildred Jackson, Mary McConnell, Hazel Willis, Edith Peck, Grace Bladel, Ara L. Miller, Vera Martin, Ruth C. Whitney, Dora Ziegler, Margaret Schafie, Ruth Clevenstine, Grace Elmar, Hartense Granere, Gertrude

enning with H. Guldenzopf, 2132 Ninth street.

Grace Lutheran—Confirmation class Wednesday evening at 7 o'clock.

Ladies meet Friday afternoon with Mrs. I. N. Anderson, 937 Forty-third street.

Zion Lutheran—Young people meet this evening with Mrs. Hjalmar Fryxall, 715 Third street, Moline.

The Ladies' circle also meets this evening with Miss Lillie Cervin, 3814 Seventh avenue.

The church council meets Thursday evening in the church.

First Swedish Lutheran—The Men's society meets Tuesday evening with Mrs. Anderson, 1408 Twelfth street.

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HAIR and HOME PROBLEMS

MRS. ELIZABETH THOMPSON

Dear Mrs. Thompson: (1) What is good for freckles and blackheads?

(2) What is a good way to manicure the finger nails?

(3) A daily application of lemon juice or buttermilk will lighten freckles.

Try the green soap treatment for blackheads. It is made with two ounces of tincture of green soap and two ounces of distilled white hazel.

Let this mixture stay on only a few moments, then wash off with hot water. If the green soap irritates the skin, as it sometimes will, use it every other day. Apply a cold cream. Green soap may be purchased at any drug store. It is not a regular "cake soap."

It is about the consistency of custard. Open each seed with the point of a fine cambric needle. The hardened mass must be pressed or picked out.

The empty sac of the gland should then be bathed with a little toilet vinegar and water. Sterilize the needle before using it by dipping it into boiling water, as the use of any instrument unless it is thoroughly cleansed is always dangerous.

(2) Soak the finger tips in warm water with a little soap in it. When the skin has become softened, press it back with a towel and loosen it from the nail with an orange stick. File the nails—never cut them. A little red vaseline or sweet almond oil rubbed on the nails every night will keep them in a soft and satiny condition.

Dear Mrs. Thompson: (1) I am a girl of 16. I have a cousin 17, living in another town. She visited me recently and two of my boy friends took us auto riding. We got home about 11:30 and we sat on the front porch until 3 a. m. My mother was very angry and scolded us terribly. It offended my cousin and she went home without finishing her visit. Don't you think my mother did wrong, as they were nice boys?

CURLY-HAIRED KAP.

Your mother was right and the scolding could not have been too severe. Your cousin did a very silly thing by going home. She only made your mother's impression of her worse.

Dear Mrs. Thompson: (1) What will make the eyelashes grow?

(2) How can fat legs and ankles be reduced?

(3) Will you please give me a form of introduction to use when introducing a girl of 16 to boys of 18 and 19?

(4) I am 16. Is it proper for me to go to the movies at night with a boy if our parents are willing?

(5) Is it all right to wear fox fire in the summer, or is it considered silly?

ANGELA.

(1) Red vaseline, five grams; boracic acid, 10 centigrams. Make into a smooth paste and rub lightly over the lashes at the roots.

(2) Exercise will reduce the flesh. Stand on tiptoe and reach as far as you can. Also, lift your foot from the floor, point toe and move your foot with a circular motion.

(3) "Miss Brown, I want you to meet Mr. Lee."

(4) If your parents are willing, it is all right for you to go.

(5) I consider it very silly.

Dear Mrs. Thompson: A boyfriend who lives in another town is coming to visit me. Should I ask him to come to my home or should I let him stay at the hotel? He is going to stay two days.

HELEN.

Dear Mrs. Thompson: I am working and I am also engaged to a young man. He wants to come to see me every night and my mother objects. How often should I let him come to see me?

H. T. S.

A working girl cannot do justice to her work if she has company more than three nights a week.

Dear Mrs. Thompson: If I am with a crowd of boys and we meet a girl and one of the boys tips his hat, should I tip my hat also?

TOM.

You should tip your hat.

HOUSEHOLD HINTS

THE TABLE.

Fried Pumpkin (new)—One nice green pumpkin; pare and cut in thin slices; soak in salt water one hour, drain, dip in flour, fry on both sides until brown, and serve. Cucumbers may be substituted for pumpkin.

Stewed Cucumbers (new)—Pare six cucumbers, dice; soak in salt water one hour, then drain and prepare same as new peas. This will serve six people.

A New Salad—Place cold sliced beets around the outside of individual plates. Put sliced cucumbers in center and over the top sprinkle green peppers cut in pieces about one-quarter inch square. Place slice of hard-boiled egg on every piece of beet and put salad dressing over all.

Cream Nut Salad—With 10-cent cake of Philadelphia cream cheese, rubbed smooth with cream. Add chopped English walnuts and green peppers cut in small pieces. Make into balls and put on lettuce leaves and pour over salad dressing. Serve on individual salad plates.

Potato Salad—Six large potatoes, boiled, peeled and diced or sliced, three medium-sized onions, diced, three eggs boiled hard and sliced, salt, pepper and about one-half teaspoon celery salt if you haven't any celery (if you have celery, cut it real fine), tablespoons sugar, one cup cream (sweet best), about half cup vinegar. Put all together in a big bowl and mix real good.

Cucumber Slaw—Two large cucumbers sliced real thin and salted; let stand about an hour, pour off all green water, add two large onions, four large potatoes boiled and sliced, salt and pepper to taste, a little sugar, one-half cup vinegar, one cup sour cream. Mix all together well.

Chow-Chow—One peck green tomatoes, one-half peck string beans, one-fourth peck small white onions, one-fourth pint green and red peppers mixed, two large heads cabbage, four tablespoons white mustard seeds, two tablespoons white or black clover, two tablespoons celery seed, two tablespoons allspice, one and one-quarter ounces mustard, one pound brown sugar, one ounce tumeric. Slice tomatoes and let stand over night in brine that will bear an egg; then squeeze out of brine, chop cabbage, onions and beans (chop tomatoes separately); mix with the spice, put all in porcelain kettle, cover with vinegar and boil three hours.

Rhubarb Custard Pie—Two cups rhubarb cut fine, two cups sugar, three tablespoons flour mixed with sugar. Beat yolks of three eggs in a cup, fill up with water. Mix flour, sugar, eggs and water and pour over rhubarb in pie crust. Bake until done. Then use whites of eggs beaten stiff and sweetened for meringue. This pie is out of the ordinary and delicious.

Tomato Ketchup—Take one gallon skinned tomatoes, four tablespoons salt and one and one-half pounds mixed spices (in a bag). Boil together one hour, then strain through sieve, add coarse cloth. When cool, bottle, and use only the best corks.

Banana Preserves—Banana preserves is rather unusual and can't be made just now. Take about a dozen well-ripened bananas, remove skin and cut fruit up into small round slices. With a lemon squeezer press out the juice of the eight small, sweet oranges; also the juice of four lemons. Preserve the pulp of oranges and lemons, adding it with the juice to the bananas. To each pound of banana allow half a pound of preserving sugar. Put all these ingredients into a preserving pan and boil rather slowly for three-quarters of an hour.

MARBLE CAKE.

Sift together into a pan one cup flour, one cup sugar and one teaspoon baking powder. In a measuring cup lemon juice last; cook; add whipped mait. Add one unbeaten egg and/or cream salad.

HOW TO CLEAN A PINK PLUME.

Make a solution of lukewarm water, one-half teaspoon borax and a few drops of aqua ammonia. Rub plume and rub thoroughly between hands through this until clean. The ring through several waters (lukewarm). To restore pink color, clip a few petals from a red rose and add to last water; let plume lay in water until desired shade, then squeeze through hands and shake over a hot stove until dry and fluffy, being careful not to use an oil or gas stove without a cover over flames, or the feather will be ruined.

MINCE PIES WITH GREEN TOMATOES.

Ten pounds green tomatoes, one coffee-cup vinegar, one pound raisins, one pint molasses, one rounding tablespoon cinnamon, one quart water, one pound suet, chopped, three green lemons, four pounds brown sugar. Grind tomatoes and let drain over night, then cook two hours with vinegar and water. Add other ingredients and cook one hour. Put in glass jars.

RED TOMATO PRESERVES.

Peel the tomatoes and cut out the stem end. Remove as many of the seeds as possible, saving the seeds and wash them in cold water. Wash the meaty part of the tomatoes to remove all seeds and drain thoroughly. Take a pint of sugar to each pint of tomatoes. Put the sugar on the stove with just enough water to dissolve it. When the syrup almost candies drop in the tomatoes. Add as much sliced lemon as you like. Cook all together until the fruit is clear and done. A half-bushel of tomatoes that are not very juicy will make 12 pints of preserves.

SALAD DRESSING.

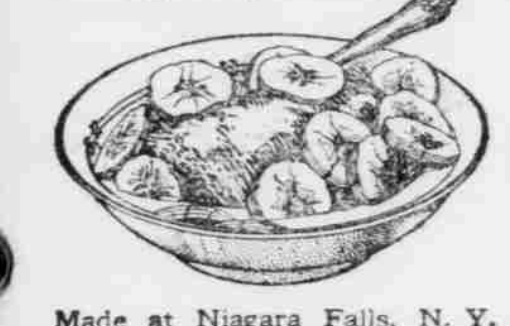
As salad dressing plays such an important part in the success of a salad, it is only right that we should be familiar with the different kinds of dressings and know them by their proper names, also what mixture of ingredients they are best suited for.

The typical dressings are: French dressing, a mayonnaise and French dressing. Mayonnaise and dressings are never cooked. Everything that goes into either of these is cold and olive oil is the important factor.

Mayonnaise—Yolk of one egg, one-half level teaspoon mustard, one-half level teaspoon salt and pepper, two level teaspoons vinegar, three-fourths cup olive oil. Beat yolk of egg, add mustard, salt, pepper and vinegar and beat well. To be used with the plain vegetable salads, such as tomato, cucumber, cabbage and lettuce. Also used for marinating cooked salad materials, such as meat and fish, which are allowed to stand some time in French dressing that they may absorb the flavor.

Fruit Dressing—Yolks of two eggs, one tablespoon sugar, one tablespoon flour, juice two lemons, one-half cup maple syrup or brown sugar syrup. Thin with whipped cream. Beat eggs, add dry ingredients, stir in syrup and lemon juice last; cook; add whipped mait. Add one unbeaten egg and/or cream salad.

"The Man Who Keeps Cool" may not be a good politician, but he has solved the problem of comfort and contentment. He starts the day right by eating **Shredded Wheat Biscuit** with milk or cream. He eats it for luncheon with berries, sliced bananas or other fruits. He makes **Shredded Wheat** his meat in the hot days. It is ready-cooked, ready-to-eat.



Made at Niagara Falls, N. Y.

